



Assisted Living CARE ACADEMY

A VIRTUAL EXPERIENCE
DECEMBER 5-6 & 12-13, 2023



This Washington State-specific course is designed to introduce wellness department leaders to the regulations and wellness-related expectations in the assisted living setting. While it might be a nurse leading an assisted living community's wellness department, it is often a home care aide or nursing assistant. This class is ideal for anyone new to working with assessments, service agreements, medications, investigations, and other services in the wellness department.

CARE ACADEMY OVERVIEW

The Washington Health Care Association's Assisted Living Care Academy provides knowledge, insight, resources, and tools for nurses and lead caregivers providing care in assisted living facilities. It is designed for nurses and caregivers who are new to wellness departments in assisted living settings in Washington and is beneficial for the professional growth and development of executive directors and other long-term care workers wanting to learn more regarding the roles involved in running a wellness department, as well as nursing services in assisted living.

The Assisted Living Care Academy will enhance participants' ability to manage nursing services, and resident supports in assisted living successfully. Assisted living services require a holistic approach to optimize and maintain—if not improve—a resident's function, independence, engagement with the environment and others, and maximize well-being and quality of life. Nursing and caregiving practices in assisted living are driven by residents' preferences and supporting them in their choices. In doing so, many assisted living nurses and caregivers find their role incorporates a variety of activities such as counseling, health education, direct clinical care, medication management, and helping residents access the health care system. An assisted living wellness department leader is a collaborator, promoter of wellness, advocate, educator, and ultimately—caregiver.

WHCA is pleased to offer the Assisted Living Care Academy virtually in 2023. During this multiple-day educational event, assisted living leaders will dive into the details and varied tasks and roles that are part of every day for a credentialed staff person in assisted living. This workshop will help nurses and caregivers understand the population they serve, the regulations that oversee their work, and the knowledge, information, resources, and tools it takes to be successful. Please join us in discovering all you need to know about operating a successful wellness department in assisted living.

CARE ACADEMY SCHEDULE

The Assisted Living Care Academy requires that participants engage in each session via video and audio to complete the course. Participants will need a quiet place without interruption to allow for small group activities and discussion. Participants must ensure they have a computer with speakers, microphone, and a camera; internet access; uninterrupted time to participate in sessions; and course materials (which will be sent via FedEx to the address provided during registration).

This course will address the challenges and routine duties an assisted living wellness department manager faces from day to day. The course instructors are experienced in long term care nursing, specifically in assisted living, and will offer expert knowledge on how to dispense quality nursing and ADL care to assisted living residents.

ZOOM SESSION SCHEDULE

Tuesday, Dec 5	9-11 am
Tuesday, Dec 5	1-3 pm
Wednesday, Dec 6	9-11 am
Wednesday, Dec 6	1-3 pm
Tuesday, Dec 12	9 am-12 pm
Tuesday, Dec 12	1-3 pm
Wednesday, Dec 13	9-11 am
Wednesday, Dec 13	1-3 pm

SESSION OUTLINES

Each session of the Assisted Living Care Academy will provide insightful and relevant knowledge and information for individuals currently working in the wellness center in assisted living and to those aspiring to advance their career path in these areas in assisted living.

TUESDAY, DEC 5

9-11 AM

Elena Madrid | Vicki McNealley

- Paradigm Shift in Long-Term Care
- Introduction to Assisted Living
- History: Then & Now
- Systems Development: The Key to Success
- Nurse Practice Act
- Rules & Regulations
- Nurse's Role in Assisted Living

TUESDAY, DEC 5

1-3 PM

Elena Madrid | Vicki McNealley

- Intermittent Nursing Services: A Definition
- Qualified Assessor
- Assessments
 - Initial Pre-admission Assessment
 - Full Assessment
 - Ongoing Assessment
- Change in Condition
- Negotiated Service Agreements
- Resident Arranged Care
- Observing Residents & Staff

WEDNESDAY, DEC 6 9-11 AM

Vicki McNealley | Kelli Carr

- Medication Expectations & Timelines
- Service Levels
- Accurately Directing Medications
- Family Assistance with Medications
- Prescriptions
- Transcription
- PRN Orders
- Monitoring
- Medication Documentation

WEDNESDAY, DEC 6 1-3 PM

Kelli Carr

- Storage & Security
- Packaging
- Interventions & Follow-up
- Miscellaneous Medication Issues
- Psychotropics

TUESDAY, DEC 12 9 AM-12 PM

Vicki McNealley

- Nurse Delegation

TUESDAY, DEC 12 1-3 PM

Elena Madrid

- Incident Investigations
- Mandatory Reporting of Abuse, Neglect and Exploitation

WEDNESDAY, DEC 13 9-11 AM

Elena Madrid | Vicki McNealley

- Quality Assurance Committees
- State Inspections
- Documentation

WEDNESDAY, DEC 13 1-3 PM

Elena Madrid | Vicki McNealley

- Policies & Procedures
- Emergency & Disaster Preparedness
- Training Requirements for Nurses & Caregivers
- Bringing It All Together

CEUS

This course is approved for 17 continuing education units (CEUs) for assisted living professionals by the Department of Social and Health Services.

REGISTRATION INFO

WHCA Member Rate \$259 per person

Nonmember Rate \$518 per person

Prior to registration, please note:

- All sessions will be hosted via Zoom.
- Attendees must attend all sessions.
- Attendees will be required to keep their computer cameras on throughout sessions to ensure engagement.

Registration includes a care package, access to all sessions, handout materials (sent via FedEx), 17 CEUs approved by DSHS for assisted living long term care workers and administrators, and access to presenters with follow-up questions.

> REGISTER NOW



PROVISOS

- All sessions will start on time; please be punctual.
- All participants require a laptop or desktop computer equipped with a camera and microphone.
- Reliable internet access is required.
- All participants must know how to navigate Zoom (Zoom Guide).
- Training sessions are for registered attendees and instructors only.

CANCELLATION POLICY

Cancellations received in writing on or before November 21, 2023, are subject to a \$25 per person cancellation fee. No refunds will be granted after November 21, 2023. Substitutions are encouraged.

QUESTIONS?

If you have questions or need additional information, please contact us!

Call 360-352-3304 or email lindseyw@whca.org.

> REGISTER NOW

CARE ACADEMY FACULTY

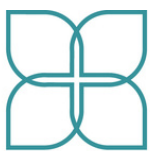
Kelli Carr, LPN AAS, is a Nurse Consultant with Consonus Healthcare Pharmacy and works directly with pharmacy customers to ease the transition to Consonus, support and educate staff, and ultimately make medication administration safer for their residents. Kelli has been with the company since 2005, following nurse consultant positions with Evergreen Pharmaceutical, Omnicare and Custom Prescriptions. Outside work hours, Kelli continues to seek ways to make a positive difference. During the COVID pandemic, she and her colleagues have found ways to be instrumental in online education while continuing to provide nurse consultant services remotely. She has joined other Marquis Companies and Consonus leaders on Vital Life Foundation-sponsored programs such as a trip to Nicaragua to help establish healthcare services for seniors without access. Kelli also works with Vista Missions, serving the less fortunate in dental and vision clinics abroad. Kelli has also been actively involved in COVID vaccination clinics supporting the rollout of the COVID-19 vaccine to long term care residents and staff.

Elena Madrid, RN, BSN, WHCA Executive Vice President for Regulatory Affairs, supports WHCA members by providing answers and insight to regulatory questions and expectations. Elena's long and focused background in survey and enforcement as a surveyor and field manager for DSHS provides her with extensive knowledge and insight on regulatory compliance, the survey process, and policies and procedures. Elena also provides

support, resources, and training regarding quality. As staff liaison to the Skilled Nursing Facility Quality and Regulatory Executive Advisory Committee for WHCA, Elena works with members to promote quality care and services at every level. Elena has also worked as a director of nursing in both assisted living and skilled nursing. She is a registered nurse and brings a wealth of knowledge regarding long-term care requirements and the regulatory issues affecting long term care providers. Elena is currently serving as co-chair on the AHCA Survey and Regulatory Committee and a member of the AHCA/NCAL Quality Cabinet.

Vicki McNealley, PhD, MN, RN, WHCA Director of Assisted Living, is directly responsible for supporting WHCA member assisted living providers through regulatory clarification, nurse consultation, facility system evaluation, advocacy, and education. Vicki spent ten years as the assisted living director for WHCA prior to serving as the Corporate Director of Regulatory Compliance for Village Concepts for over six years. She has extensive experience as an instructor, consultant, and provider, and has been involved in assisted living operations and policy work since 1999. Vicki has served as national award reviewer for the American Health Care Association. Vicki is a registered nurse with a master's degree in community health nursing as well as a doctorate degree in nutrition.

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