



Dementia and Mental Health *Specialty Training*

Dementia | January 10 and 11, 2023

Mental Health | January 24 and 25, 2023

COURSE OVERVIEW

Assisted living providers are required to comply with Chapter 388-112A WAC related to staff training and development. As part of these requirements, administrators or their designee(s) who want to train caregivers in the specialty topics of dementia and mental health must complete specialized training in order to qualify as a facility-based trainer. These intensive training sessions prepare administrators or their designated trainers to successfully pass the mandated competency test required in order to partially fulfill the expectations to become a trainer for caregiver employees; caregivers are also welcome to take this class to fulfill their training requirements (even if they have no plans to teach the class). These courses are designed to make it easy to complete one or both specialty topics. Training and testing are done over two days, for both dementia and mental health specialties. Each course's final session includes a test; attendees must be on camera to complete the exam. Individuals who attend the full course and pass the exam will receive their certification to partially qualify them to apply with DSHS to become a facility-based trainer in that specialty field*.

**Attendees must also complete a [DSHS-approved adult education course](#) and apply to DSHS to become an approved facility trainer. Guidance on how to complete this process will be covered in class.*

CEUs

Each course is approved for 8 continuing education units, certified by the Washington State Department of Social and Health Services.

PROGRAM FEES

Registration includes access to all sessions via Zoom, materials and program information that will be sent via USPS to each registered attendee, access to presenter for question-and-answer sessions, and up to 8 continuing education units each course.

Dementia **\$109 per person**
Mental Health **\$109 per person**

(Non-member rate is \$218 per person each class)

PROVISOS

- All sessions will start on time; please be punctual.
- All participants need to have laptop or desktop computer **with camera and audio.** **A cell phone or tablet will not allow for on-screen testing which is required for these classes.**

- All participants will need reliable internet access.
- Training sessions are for registered attendees and instructors only.

COURSE SCHEDULE

The Dementia and Mental Health Specialty Training courses are being offered virtually and require participants engage in each session to complete the course. Participants will need a quiet place without interruption as they will be required to engage in each session via video and audio to ensure participation in discussion and small group activities that are part of the course.

Each course schedule is as follows:

Dementia

January 10	9 – 11 AM
January 10	1 – 3 PM
January 11	9 – 11 AM
January 11	1 – 3 PM

Mental Health

January 24	9 – 11 AM
January 24	1 – 3 PM
January 25	9 – 11 AM
January 25	1 – 3 PM

CANCELLATION POLICY

Cancellations for Dementia must be made in writing on or before Wednesday, January 4, 2023, and **Mental Health**, on or before Wednesday, January 18, 2023, or you will incur a \$50.00 cancellation fee per registered attendee. All other cancellations will receive no refund.

REGISTER HERE



COURSE OUTLINE

Dementia

January 10 | 9 – 11 AM

- Understanding dementias, hallucinations and delusions, environmental factors, working with families

January 10 | 1 – 3 PM

- Living with dementia, sexuality and intimacy, medications and treatments for dementia, activities of daily living

January 11 | 9 – 11 AM

- Communication strategies, trauma-informed care

January 11 | 1 – 3 PM

- Approaching challenging behaviors, including tips and strategies; final exam

Mental Health

January 24 | 9 – 11 AM

- Review of common mental disorders, stigma, and myths about mental illness

January 24 | 1 – 3 PM

- Compassionate and trauma-informed care, supports to promote wellness, getting help, self-care for the caregiver

January 25 | 9 – 11 AM

- Suicide prevention, respectful communication, professional boundaries

January 25 | 1 – 3 PM

- Effective behavioral intervention strategies, crisis management; final exam

COURSE FACULTY



Vicki McNealley, PhD, MN, RN, is the Director of Assisted Living for the Washington Health Care Association (WHCA). Vicki is directly responsible for supporting WHCA member assisted living providers through regulatory clarification, nurse consultation,

facility system evaluation, advocacy, and education. Vicki is responsible for developing and implementing WHCA programs to support providers in these areas. As staff liaison for the Assisted Living Quality and Regulatory Executive Advisory Committee, Vicki works with members to promote quality care and services at every level. Vicki spent ten years as the assisted living director for WHCA prior to serving as the Corporate Director of Regulatory Compliance for Village Concepts for over six years. She has extensive experience as a teacher, consultant and provider, and has been involved in assisted living operations and policy work since 1999. Vicki has served as a national award reviewer for the American Health Care Association and worked closely with the American Assisted Living Nurses Association to develop its certification exam. Vicki is a registered nurse with a master's degree in community health nursing and a doctorate degree in nutrition.